

Medicare 101



3rd Annual Disability & Aging Summit

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State Health Insurance Program (SHIP)
Senior Medicare Patrol (SMP)

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STATE OF ALASKA'S MEDICARE INFORMATION



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PURPOSE



- ☞ This presentation can help you make important Medicare decisions
 - ☞ Choosing health and prescription drug coverage
 - ☞ Timing your decisions
 - ☞ To ensure coverage
 - ☞ To avoid penalties
- ☞ Encourage you to follow up by phone if needed

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What is Medicare



- ☞ Health insurance for individuals
 - ☞ 65 and older
 - ☞ Under 65 with certain disabilities
 - People with Lou Gehrig's disease (ALS)
 - ☞ Any age with End-Stage Renal Disease (ESRD)

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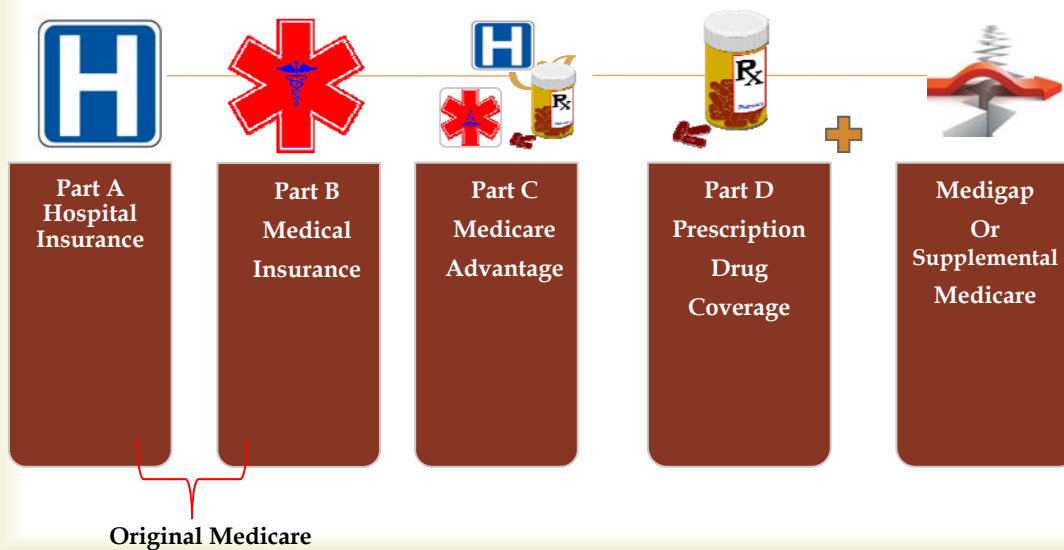
Who Runs Medicare?



- ⌘ Administered by Centers for Medicare & Medicaid Services (CMS)
- ⌘ Enrollment is done by
 - ⌘ Social Security Administration (SSA) for most
 - ⌘ Railroad Retirement Board (RRB) for railroad retirees

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THE FIVE PARTS OF MEDICARE



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ORIGINAL MEDICARE



Part A - Hospital Insurance helps cover

- ☞ Inpatient Hospital Care
- ☞ Skilled Nursing Facility care
- ☞ Home health care
- ☞ Hospice care



Part B - Medical Insurance helps cover

- ☞ Doctor visits
- ☞ Outpatient medical services
- ☞ Clinical lab tests
- ☞ Durable Medical Equipment
- ☞ Preventive services



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ENROLLING IN MEDICARE - AUTOMATIC

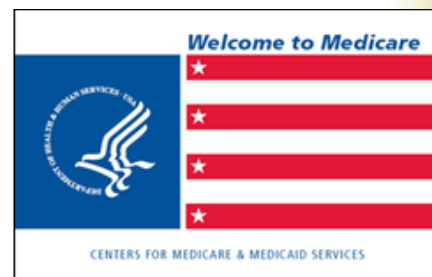


Automatic for those receiving

- ☞ Social Security benefits
- ☞ Railroad Retirement Board benefits

Initial Enrollment Period Package

- ☞ Mailed 3 months before
 - ☞ Age 65
 - ☞ 25th month of disability benefits
- ☞ Includes your red, white, and blue Medicare card



CENTERS FOR MEDICARE & MEDICAID SERVICES

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WHEN TO ENROLL IN MEDICARE



- ☞ You don't have to be retired
- ☞ Your Initial Enrollment Period (IEP) lasts 7 months
 - ☞ Begins 3 months before your 65th birthday
 - ☞ Includes the month you turn 65
 - ☞ Ends 3 months after you turn 65
- ☞ There are other times you may enroll
 - ☞ But you may pay a penalty if you delay

| If not Automatically Enrolled, Your 7-month Initial Enrollment Period (IEP) | | | | | | | |
|---|---------------------------------------|---------------------------------------|--------------------------------------|---|---------------------------|----------------------------|----------------------------|
| No Delay | | | | Delayed Start | | | |
| If you enroll in Part B | 3 months before the month you turn 65 | 2 months before the month you turn 65 | 1 month before the month you turn 65 | <i>The month you turn 65</i> | 1 month after you turn 65 | 2 months after you turn 65 | 3 months after you turn 65 |
| Sign up early to avoid a delay in getting coverage for Part B services To get part B coverage the month you turn 65, you must sign up during the first 3 months before the month you turn 65 | | | | If you wait until the last 4 months of your IEP to sign up for Part B, Your start date for coverage will be delayed | | | |

ENROLLING IN PART B IF YOU HAVE EMPLOYER OR UNION COVERAGE



- ☞ May affect your Part B enrollment decision
 - ☞ You may want to delay enrolling in Part B if
 - ☞ You have employer or union coverage, and
 - ☞ You or your spouse, or family member, if you're disabled, is still working
- ☞ See how your insurance works with Medicare
 - ☞ Contact your employer/union benefits administrator

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SPECIAL ENROLLMENT PERIOD



- ☞ When your employment ends
- ☞ You may get a Special Enrollment Period
 - ☞ Sign up for Part B without penalty
 - ☞ You may get chance to elect Consolidated Omnibus Budget Reconciliation Act (COBRA)

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HOW TO ENROLL IN MEDICARE



- ☞ Enrollment is automatic
 - ☞ If you get Social Security or Disability benefit
- ☞ If enrollment isn't automatic then
 - ☞ enroll with Social Security
 - ☞ Online at www.socialsecurity.gov
 - ☞ Visit your local office, or
 - ☞ Call 1-800-772-1213, or
 - ☞ If retired from Railroad enroll with RRB
 - ☞ Call your local RRB office or 1-877-772-5772

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GENERAL OR ANNUAL ENROLLMENT PERIOD



- ☞ January 1 through March 31 each year
- ☞ Coverage effective July 1
- ☞ Premium penalty
 - ☞ 10 percent for each 12 months eligible but not enrolled
 - ☞ Must pay as long as you have Part B
 - ☞ Limited exceptions

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PART A



- ☞ If you are getting a Social Security Retirement Benefit you **MUST** have Part A
- ☞ If you or a spouse are working beyond age 65 you can delay both Part A and B

MEDICARE CARD

Front

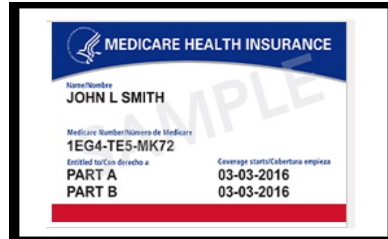
| | | | | |
|--|-----------------|-------------------|-------------------------|--|
| MEDICARE | | | HEALTH INSURANCE | |
| 1-800-MEDICARE (1-800-633-4227) | | | | |
| NAME OF BENEFICIARY JANE DOE | | | | |
| MEDICARE CLAIM NUMBER | SEX | | | |
| 000-00-0000-A | FEMALE | | | |
| IS ENTITLED TO | | EFFECTIVE DATE | | |
| HOSPITAL (PART A) | (PART B) | 07-01-1986 | | |
| MEDICAL (PART B) | | 07-01-1986 | | |
| SIGN HERE → | | <i>Jane Doe</i> | | |

Back

| | |
|--|---|
| <ol style="list-style-type: none"> 1. Carry your card with you when you are away from home. 2. Let your hospital or doctor see your card when you require hospital, medical, or health services under Medicare. 3. Your card is good wherever you live in the United States. <p><small>WARNING: Intend only for use of the named beneficiary. Intentional misuse of this card is prohibited and will make the offender liable to penalty of fines, imprisonment or both.</small></p> <p>CMS Centers for Medicare & Medicaid Services Baltimore, MD 21204-1500 www.cms.gov</p> <p>If you have questions about Medicare, call 1-800-MEDICARE (1-800-633-4227) or visit us at www.medicare.gov.</p> <p>TTY/TDD: 1-877-486-2048</p> | <p>I DO NOT WANT MEDICAL INSURANCE <input type="checkbox"/> Check Here</p> <p>SIGN HERE</p> <p>Written Signature (or Legal Representative)</p> <p>Signature by Mark (X) Must Be Witnessed</p> <p>Signature of Witness</p> <p>Address of Witness</p> |
| <p>If you DO NOT want Medical Insurance:</p> <ol style="list-style-type: none"> 1. Check the box above (top right), sign your name, and return the entire form in the enclosed envelope. Do NOT tear off the Medicare card, it would be improper to use it since you do not want Medical Insurance. You must return the form BEFORE the Medical Insurance effective date shown on the card. 2. Since you are entitled to Hospital Insurance even though you do not want Medical Insurance, we will send you a new card showing that you have Hospital Insurance only. | |

- ☞ Keep it and accept Medicare Part A & Part B
- ☞ Return it to refuse Part B
 - ☞ Follow instructions on the back of card
 - ☞ New Medicare Cards coming

NEW MEDICARE CARDS ARE COMING



April 2018 to April 2019
Cards are Free
Will Come in the Mail
Medicare Card Scam

Once Received, shred your old Card - Bring new card to Medicare Information Office to be laminated

Random Alpha-Numeric Identification - No SSN
No Signature Line
No Gender

Slightly Smaller - will fit in your wallet better

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PROTECT YOUR IDENTITY

- ☞ Sign your card and make a copy or two
- ☞ Put your card in a safe place
- ☞ Let your Healthcare providers make a copy
- ☞ Make a system to keep ALL Medicare paperwork
- ☞ Medicare Summary Notices come in the US Mail
- ☞ Create a mymedicare.gov account

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PAYING FOR MEDICARE PART A (HOSPITAL INSURANCE)



- ⌘ What does Part A cost?
 - ⌘ Most people get Part A premium free
 - ⌘ If you or your spouse paid FICA taxes at least 10 years
 - ⌘ If you paid FICA less than 10 years
 - ⌘ You can pay a premium to get Part A
 - ⌘ (30-39 credits: \$227, <30 credits: \$413)
 - ⌘ You may have penalty if not bought when first eligible

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WHAT YOU PAY FOR INPATIENT HOSPITAL STAYS

| FOR EACH BENEFIT PERIOD IN 2017 | YOU PAY |
|---------------------------------|-----------------------|
| Days 1-60 | \$1,316 Deductible |
| Days 61-90 | \$329 per day |
| Days 91-150 | \$658 per day |
| All Days after 150 | All Costs |



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PAYING FOR PART B (MEDICAL SERVICES)



- ☞ In Original Medicare you pay
 - ☞ A monthly Premium of \$134 in 2017
 - ☞ Yearly deductible of \$183 in 2017
 - ☞ 20% coinsurance for most services

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SHOULD I KEEP/SIGN UP FOR PART B



- ☞ Sometimes you must have Part B
 - ☞ If you want to buy a Medigap policy (Supplemental Medicare)
 - ☞ If you're eligible for TRICARE, Alaska Care, Teamsters or other retiree health coverage
 - ☞ If your employer coverage requires you have it
 - ☞ Talk to your employer's benefits administrator
- ☞ With Veterans or Tribal benefits it's optional
 - ☞ But you pay a penalty if you sign up late or if you don't sign up during your Initial Enrollment Period

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DECISION: SHOULD I KEEP/SIGN UP FOR PART B

☞ If you don't have coverage from active employment

Probably

☞ Yours or your spouses

☞ Delaying Part B may mean

☞ Higher premiums

☞ Paying for your health care out-of-pocket

☞ If you do have coverage through active employment

Maybe Not

☞ You may want to delay Part B

☞ No penalty if you enroll while you have coverage or within 8 months of losing coverage

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PAYING FOR PREVENTIVE SERVICES IN 2017

☞ In Original Medicare

☞ You pay nothing for most preventive services

☞ If your provider accepts assignment

☞ May require coinsurance or a copayment for office visit

☞ May pay more if provider doesn't accept assignment

☞ You get a "Welcome to Medicare Visit" in first 12 months of having Part B.

☞ Annual Wellness Visit each year thereafter

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MEDICARE DOES NOT COVER



- ❧ Routine vision testing and glasses
- ❧ Routine dental check ups and dental work
- ❧ Age related hearing loss/hearing aids
- ❧ Acupuncture
- ❧ Routine foot care – preventive maintenance
- ❧ Cosmetic surgery
- ❧ Medical care outside the US

SAVE money for these out of pocket expenses

- ❧ Long Term Care Needs -

Consider buying Long Term Care Insurance

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PROVIDERS THAT ACCEPT ASSIGNMENT



- ❧ Doctor, provider, supplier *accepts assignment*
 - ❧ Signed an agreement with Medicare
 - ❧ Or is required by law
 - ❧ Accept the Medicare-approved amount
 - ❧ As full payment for covered services
 - ❧ Only charge Medicare deductible/coinsurance amount

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PROVDERS THAT DO NOT ACCEPT ASSIGNMENT



- ☞ Providers or Suppliers that don't accept assignment aka Non-Participating providers
 - ☞ May charge you more
 - ☞ The limiting charge aka known as Excess Charge of 15% more
 - ☞ May collect the entire charge at time of service
- ☞ **Providers sometimes must accept assignment**
 - ☞ Medicare Part-B covered prescription drugs
 - ☞ Ambulance suppliers

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PROVIDERS THAT "OPT OUT" PRIVATE CONTRACTS



- ☞ Agreement between you and your doctor
 - ☞ Doctor doesn't furnish services through Medicare
 - ☞ Original Medicare and Medigap will not pay
 - ☞ Other Medicare plans will not pay
 - ☞ You will pay full amount for the services you get
 - ☞ No claim should be submitted
 - ☞ Cannot be asked to sign in an emergency
- ☞ Questions??

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WHAT IS A MEDIGAP POLICY?



- ☞ Medicare Supplement Insurance Policies
 - ☞ Sold by private companies
- ☞ Fill the gaps in Original Medicare
 - ☞ Deductibles, coinsurance, copayments
- ☞ Standardized plans in all but three states
 - ☞ Minnesota, Massachusetts, Wisconsin
- ☞ All plans with same letter
 - ☞ Have same coverage
 - ☞ Only the costs are different



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| MEDIGAP BENEFITS | MEDIGAP PLANS | | | | | | | | | |
|--|---------------|---|---|---|----|---|---------|---------|-----------------------------|----|
| | A | B | C | D | F* | G | K** | L** | M | N |
| Part A Coinsurance and Hospital Costs (up to an additional 365 days) | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Part A Hospice Care Coinsurance | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 50% | 75% | ✓ | ✓ |
| Part A & Part B Blood (first 3 pints) | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 50% | 75% | ✓ | ✓ |
| Part B Coinsurance | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 50% | 75% | ✓ | ✓ |
| Skilled Nursing Coinsurance | | | ✓ | ✓ | ✓ | ✓ | 50% | 75% | ✓ | ✓ |
| Part A Deductible | | ✓ | ✓ | ✓ | ✓ | ✓ | 50% | 75% | 50% | ✓ |
| Part B Deductible | | | ✓ | | ✓ | | | | | |
| Part B Excess | | | | | ✓ | ✓ | | | | |
| Foreign Travel Emergency (up to Plan Limits) | | | ✓ | ✓ | ✓ | ✓ | | | ✓ | ✓ |
| *Plan F has a high-deductible option : \$2,200 | | | | | | | \$4,960 | \$2,480 | Out of pocket limit in 2017 | |
| | | | | | | | | | | 32 |

DECISION: DO I NEED A MEDIGAP POLICY?



Consider

- ✎ It only works with Original Medicare
- ✎ Do you have other supplemental coverage?
 - ✎ If so, you might not need Medigap
- ✎ Can you afford Medicare deductibles and copayments?
- ✎ What does the monthly Medigap premium cost?

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WHEN IS THE BEST TIME TO BUY A MEDIGAP POLICY?



Consider

- ✎ Your Medigap Open Enrollment Period begins when you're 65 or older AND enrolled in Part A & B
 - ✎ Lasts 6 months (may vary by state)
 - ✎ You have protections - companies MUST sell you a plan with a Guaranteed Right of Purchase
- ✎ You can also buy a Medigap policy whenever a company agrees to sell you one
 - ✎ If later, there may be restrictions



Usually
during your
Medigap
initial
enrollment
Period

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HOW DO I FIND THE RIGHT MEDIGAP POLICY FOR ME?



- ☞ Compare plans by computer or phone
- ☞ Alaska's Consumer Guide
<http://commerce.state.ak.us/dnn/Portals/7/pub/Consumers/medicare-rate-guide.pdf>
- ☞ Visit www.medicare.gov
 - ☞ Use the Medigap comparison tool
- ☞ Call 1-800-MEDICARE (1-800-633-4227)
 - ☞ TTY users should call 1-877-486-2048
- ☞ We have a one pager and a longer booklet on this

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PART C – MEDICARE ADVANTAGE



- ☞ Health plan options approved by Medicare
 - ☞ Another way to get Medicare coverage
 - ☞ Still part of the Medicare program
 - ☞ Run by private companies
- ☞ Medicare pays plan an amount
 - ☞ For each member's care
- ☞ May have to use network doctors or hospitals
- ☞ Types of plans available may vary



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PART D – MEDICARE PRESCRIPTION DRUG COVERAGE



- ☞ Available for all people with Medicare
- ☞ Provided through
 - ☞ Medicare Prescription Drug Plans
 - ☞ Medicare Advantage Plans
 - ☞ Some other Medicare health plans



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HOW MEDICARE PART D WORKS



- ☞ It's optional
 - ☞ You can choose a plan and join
- ☞ Plans have formularies
 - ☞ Lists of covered drugs
 - ☞ Must include range of drugs in each category
- ☞ You pay the plan a monthly premium
- ☞ You pay deductibles and copayments
- ☞ There is Extra Help to pay Part D costs if you have limited income and resources

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WHO CAN JOIN PART D?



- ☞ You must have Part A and/or Part B
- ☞ You must live in the plan's service area
- ☞ You can't live outside the U.S.
- ☞ Usually you must actively enroll to join
 - ☞ In most cases no automatic enrollment
 - ☞ You must apply

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WHEN CAN I ENROLL IN A PART D PLAN?



- ☞ During your 7-month Initial Enrollment Period
- ☞ During the yearly Open Enrollment Period
 - ☞ October 15 - December 7 each year
 - ☞ Coverage begins January 1
- ☞ May be able to join at other times
 - ☞ Special Enrollment Period

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CHOOSING A PART D PLAN

- ☞ Compare plans by computer or phone
 - ☞ Use the Medicare Plan Finder at www.medicare.gov
 - ☞ Call 1-800-MEDICARE (1-800-633-4227)
 - ☞ (TTY 1-877-486-2048)
 - ☞ Call your SHIP for help comparing plans
- ☞ To join a Part D Plan
 - ☞ Enroll at www.medicare.gov
 - ☞ Call 1-800-MEDICARE
 - ☞ Enroll on the plan's website
 - ☞ Call the plan
 - ☞ Complete a paper enrollment form

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HELP FOR PEOPLE WITH LIMITED INCOME AND RESOURCES



- ☞ Extra Help Program
- ☞ Medicare Savings Programs
- ☞ Medicaid
- ☞ Children's Health Insurance Program (CHIP)

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WHAT IS EXTRA HELP?



- ☞ Help paying Part D prescription drug costs
- ☞ Social Security or state makes determination
- ☞ You automatically qualify if you get
 - ☞ Both Medicare and full Medicaid
 - ☞ Supplemental Security Income (SSI) only
 - ☞ Help from Medicare Savings Programs
- ☞ You or someone on your behalf can apply

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WHO QUALIFIES FOR EXTRA HELP WITH PRESCRIPTION DRUGS?



- ☞ If your income is:
 - ☞ less than \$1,903 month (if single) \$22,830/year
 - ☞ less than \$2,556/month (married) \$30,675/year
- ☞ If your assets are:
 - ☞ less than \$13,820 (if single)
 - ☞ less than \$27,600 (married)
- ☞ Application is done through benefitscheckup.org/alaska or through social security administration

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WHAT ARE MEDICARE SAVINGS PROGRAMS?



- ☞ Help from Medicaid paying Medicare costs
 - ☞ Pay Medicare premiums
 - ☞ May pay Medicare deductibles and coinsurance
- ☞ Often higher income and resources amounts than for Medicaid
- ☞ Income amounts change each year
- ☞ Some states offer their own programs

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WHO CAN QUALIFY FOR MEDICARE SAVINGS PROGRAM?



| Medicare Savings Program | Pays your Part B Premium | | |
|--------------------------|--------------------------|----------|----------------------|
| | Single individuals | Couples | |
| Income up to (SLMB - QI) | \$1,690 | \$2,273 | Part B premiums only |
| Assets up to | \$8,780 | \$13,930 | Part B premiums only |

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WHAT IS MEDICAID?



- ❧ Federal-state health insurance program For people with limited income/resources
 - ❧ Covers most health care costs If you have both Medicare and Medicaid
- ❧ Eligibility determined by state of Alaska
- ❧ Application for Services: Gen 50C
- ❧ <http://dpaweb.hss.state.ak.us/e-forms/pdf/Gen50c.pdf>

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MEDICARE AND THE MARKETPLACE



- ❧ Medicare isn't part of Marketplace
- ❧ Marketplace doesn't affect your Medicare choices
- ❧ Medicare's benefits don't change because of the Marketplace
- ❧ If you joined a Marketplace plan before you were eligible for Medicare, you can cancel the Marketplace plan once Medicare coverage starts
- ❧ If you have Medicare you don't need to do anything related to the Marketplace
- ❧ Medicare Part A is considered minimum essential coverage
- ❧ The Marketplace doesn't offer
 - ❧ Medicare Supplement Insurance (Medigap) policies
 - ❧ Medicare prescription Drug Coverage

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IF YOU HAVE MEDICARE



- ❧ No one can sell you a Marketplace plan
 - ❧ Even if you only have Medicare Part A or Part B
 - ❧ Except an employer plan through the Small Business Health Options Program (SHOP) if you're an active worker or dependent of an active worker.
 - ❧ The size of the employer helps determine who pays first
 - ❧ No late enrollment penalty if you enroll anytime you have SHOP coverage, or within 8 months of losing that coverage

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HOW DOES MEDICARE WORK WITH VA?



- ❧ Medicare and Veterans Affairs (VA) benefits
- ❧ Medicare Part B and VA Coverage
- ❧ Medicare Part D and VA Coverage

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MEDICARE/MEDICAID AND INDIAN HEALTH SERVICE



- ❧ AIAN can receive services affiliated or unaffiliated with IHS
- ❧ Prescription Medications and co-pays
- ❧ Reimbursements from third-party insurers

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MEDICARE WASTE AND HOW IT AFFECTS YOU



- ❧ Medicare waste is estimated at \$60 - \$100 Billion/year
- ❧ Waste in the Medicare program involves the entire continuum of errors, abuse, & fraud
 - ❧ Errors: honest mistakes
 - ❧ Abuse: bad practices
- ❧ Medicare Beneficiaries are uniquely situated to protect the Medicare System
- ❧ SMP: Protect, Detect, Report

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Protecting Personal Information



- **Only share with people you trust**
 - Your doctors or other health care providers
 - Your Medicare Health or Drug Plan
 - Your insurance company
 - Medigap or Employer/Union
 - Your State Health Insurance Assistance Program (SHIP)
 - Social Security, Medicaid and Medicare

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MEDICARE SUMMARY NOTICE (MSN)



- ☞ Part A and Part B MSNs
- ☞ Shows all your services or supplies
 - ☞ Billed to Medicare in 3-month period
 - ☞ What Medicare paid
 - ☞ What you owe
- ☞ Read it carefully
 - ☞ Keep your receipts and bills
 - ☞ Keep note of appointments
 - ☞ And services dates
 - ☞ Compare them to your MSN

6/30/2017

Jennifer Washington

THIS IS NOT A BILL | Page 2 of 5

Making the Most of Your Medicare

How to Check This Notice

Do you recognize the name of each doctor or provider? Check the dates. Did you have an appointment that day?

Did you get the services listed? Do they match those listed on your receipts and bills?

If you already paid the bill, did you pay the right amount? Check the maximum you may be billed. See if the claim was sent to your Medicare supplement insurance (Medigap) plan or other insurer. That plan may pay your share.

How to Report Fraud

If you think a provider or business is involved in fraud, call us at 1-800-MEDICARE (1-800-633-4227).

Some examples of fraud include offers for free medical services or billing you for Medicare services you didn't get. If we determine that your tip led to uncovering fraud, you may qualify for a reward.

You can make a difference! Last year, Medicare saved tax-payers \$4 billion—the largest sum ever recovered in a single year—thanks to people who reported suspicious activity to Medicare.

Medicare Preventive Services

Medicare covers many free or low-cost exams and screenings to help you stay healthy. For more information about preventive services:

- Talk to your doctor.
- Look at your "Medicare & You" handbook for a complete list.
- Visit www.MyMedicare.gov for a personalized list.

Your Messages from Medicare

Get a pneumococcal shot. You may only need it once in a lifetime. Contact your health care provider about getting this shot. You pay nothing if your health care provider accepts Medicare assignment.

To report a change of address, call Social Security at 1-800-772-1213. TTY users should call 1-800-325-0778.

Early detection is your best protection. Schedule your mammogram today, and remember that Medicare helps pay for screening mammograms.

Want to see your claims right away? Access your Original Medicare claims at www.MyMedicare.gov, usually within 24 hours after Medicare processes the claim. You can use the "Blue Button" feature to help keep track of your personal health records.

WWW.MYMEDICARE.GOV

- Secure site to manage personal information
 - Review eligibility, entitlement and plan information
 - Track preventive services
 - Keep a prescription drug list
- Review claims
 - Don't have to wait for MSN

Click the button to download your data to a text file.

The screenshot shows the Medicare.gov homepage. At the top, there are navigation links for 'About Us', 'FAQ', 'Glossary', 'CMS.gov', and 'MyMedicare.gov Login'. Below this is a search bar and a navigation menu with categories like 'Sign Up / Change Plans', 'Your Medicare Costs', 'What Medicare Covers', 'Drug Coverage (Part D)', 'Supplements & Other Insurance', 'Claims & Appeals', 'Manage Your Health', and 'Forms, Help, & Resources'. A banner for 'Getting Started' includes a welcome message and a 'New to MyMedicare.gov? Create an account' link. The 'Secure Sign In' section has fields for 'Username' and 'Password', with a 'Sign In' button and a 'Trouble Signing In?' link. A 'Blue Button' section explains that it allows users to download their personal health information as a file. A 'MyMedicare.gov Help' sidebar lists various services like 'Using MyMedicare.gov', 'Getting Started', 'Account Services', 'Customer Service', 'Security & Privacy', and 'Virtual Tour'. A blue callout box points to the 'Blue Button Download My Data' link.

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WHAT RESOURCES ARE AVAILABLE TO HELP?



- ☞ National Medicare website
 ☞ www.medicare.gov
- ☞ Alaska's Medicare Information office
 ☞ www.medicare.alaska.gov
- ☞ 1-800-MEDICARE or (1-800-633-4227) – National Hotline
- ☞ State of Alaska Medicare Information Office at (907)269-3680 or 1-907-478-6065
- ☞ **The Medicare Information Office at the Anchorage Senior Activity Center at (907) 770-2070**

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FOR MORE INFORMATION

☞ Quarterly Anchorage Community Presentation:

Loussac Library



☞ Medicare & You Handbook

☞ 1-800-MEDICARE (1-800-633-4227)

☞ Social Security Administration 800-772-1213

Anchorage Address: 222 W. 8th Avenue (corner
8th/C St in federal annex)

☞ Social Security website: www.SocialSecurity.gov

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Thank You



Questions?

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