



SPECIAL OLYMPICS ALASKA RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY, PARENTAL AND MEDIA CONSENT AGREEMENT

In consideration of my participating in the Special Olympics' Alaska Polar Plunge (hereafter referred to as the "Activity"), I represent that I understand the nature of the Polar Plunge events and that I or my minor child is qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I or my minor child believes any event conditions are unsafe, I or my minor child will immediately discontinue participation in the Activity.

I fully understand that the Polar Plunge events involve risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by the actions or inactions of myself, of the releases mentioned below, of others participating in the event, or the conditions in which the event takes place; and that there may be other risks either not known to me or not readily foreseeable at this time. I and my minor child fully accept and assume all such risks and take responsibility for any losses, costs, or damages I or my minor child may incur as a result of my and/or my minor child's participation in the Activity.

Special Olympics Alaska has my permission forever to use my likeness, name, voice or words in either television, radio, film, newspapers, magazines, social media and other media, and in any form, for the purpose of publicizing, promoting or communicating the purposes and activities of Special Olympics and/or applying for funds to support these purposes and activities.

I hereby release, discharge, and promise not to sue Special Olympics, Inc., Special Olympics Alaska, its respective administrators, directors, agents, officers, volunteers, employees, sponsors, advertisers, owners, and lessors of the premises on which the Activity takes place or any other participants (each considered a "RELEASEE" herein) from all liability, claims, demands, losses, or damages of any kind, caused or alleged to be caused, in whole or in part, by the fault, negligence, gross negligence, or strict liability of the "releasees," including any fault or negligence in any rescue operations. I further agree that if, despite this release, waiver of liability, and assumption of risk, I, or anyone on my or my minor child's behalf, makes a claim against any of the Releasees, I will defend, indemnify, and hold harmless each of the releasees from any loss, liability, damage, or cost which may be incurred as a result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, AND PARENTAL CONSENT AGREEMENT, and understand that I am giving up substantial rights by signing it. I am signing it freely, and without any inducement or assurance of any nature. I intend this release and waiver of liability to be a complete and unconditional release of all liability, to the greatest extent allowed by law. I agree that if any portion of this release and waiver of liability is held to be invalid, the balance of the release and waiver of liability shall remain in full force and effect.

Printed name of participant

Signature of Participant (only if age 18 or over)

Date

Signature of Parent/Legal Guardian (if participant under age 18)