

Athletics Events Categories

Category	Events
Category 1	50m Wheelchair Race, 100m Wheelchair Race, 200m Wheelchair Race, 400m Wheelchair Race, Wheelchair Tennis Ball Throw, Wheelchair Softball Throw, Wheelchair Shotput, 25m Walk/Asst. Walk, 50m Walk/Asst. Walk, 100m Walk/Asst. Walk, Standing Long Jump, Softball Throw, Tennis Ball Throw
Category 2	100m Walk/Asst. Walk, 200m Walk/Asst. Walk, 400m Walk/Asst. Walk, Standing Long Jump, Softball Throw, Tennis Ball Throw
Category 3	25m Run, 50m Run, 100m Run, 200m run 400m run, 4x100m Relay, Standing Long Jump, Long Jump, Softball Throw, Shotput
Category 4	200m Run, 400m Run, 800m run, 4X100m Relay, Long Jump, Shotput
Category 5	400m Run, 800m run, 1500m Run, 4X100m Relay, Long Jump, Shotput

Event Registration Instructions:

- Athletes are restricted to participation within one category outlined above
- Athletes may, and are encouraged to, enter a maximum of 3 events, 1 relay, 1 jump, and 1 throw
- Athletes participating in the long jump must be able to jump at least 1 meter, which is the minimum distance between the take-off board and the sand pit

Sport Uniform/Equipment Guidelines:

- Athletes must compete, at all times, wearing the appropriate delegation uniforms. No independent or individual apparel may be worn for competition. Athletes are not allowed to train or compete in jeans.