

Swimming Events Categories

Category	Events
Category 1	10m Assisted, 15m Unassisted, 15m Floatation, 15m Walk, 25m Floatation
Category 2	25m Freestyle, 25m Backstroke, 50m Backstroke, 4x25m Relay
Category 3	25m Breaststroke, 25m Butterfly, 50m Freestyle, 50m Backstroke, 50m Breaststroke, 50m Butterfly, 4x25m Relay, 4x50m Relay
Category 4	100m Freestyle, 100m Backstroke, 100m Breaststroke, 100m Ind. Medley, 200m Freestyle, 200m Backstroke, 200m Ind. Medley, 400m Freestyle, 800m Freestyle, 1500m Freestyle

Event Registration Instructions:

- Athletes are restricted to participation within one category outlined above
- Athletes may, and are encouraged to, enter a maximum of 3 events & 1 relay

Sport Uniform/Equipment Guidelines:

- Athletes are required to wear swimsuits within the guidelines prescribed by USA Swimming.
- Suits must not be transparent, event when wet.
- Female athletes should wear a one-piece tank suit.
- All relay teams must wear matching swim caps.