



Athletics
Order of Events
Dimond High School Track

Saturday June 9, 2018

8:30 a.m.	Coaches Meeting
8:30 – 9 a.m.	Warm-up
9 a.m.	Competition
	1500 Meter
	50 Meter Walk/Assisted Walk
	50 Meter
	400 Meter
	400 Meter Walk
	200 Meter
	200 Meter Wheelchair
	25 Meter Walk/Assisted Walk
	25 Meter
	25 Meter Wheelchair
	800 Meter
	10 Meter Assisted Walk
	4X100 Meter Relay
	100 Meter Walk
	100 Meter Wheelchair
	100 Meter
12:30 p.m.	Approximate Finish
12:30 p.m.	Track athletes to Healthy Athletes at Dimond High School Commons
2:30 p.m.	Track Awards Presentation
3:30 p.m.	Approximate finish including awards

Sunday June 10, 2018

9:30 – 10 a.m.	Warm-up
10 a.m.	Standing Long Jump
	Long Jump
11:45a.m.–12:30p.m.	Lunch
	Softball Throw
	Shot Put
	Tennis Ball Throw
2 p.m.	Approximate Finish (including awards)

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Created by the Joseph P. Kennedy Jr. Foundation for the benefit of persons with intellectual disabilities