

7TH ANNUAL DISABILITY & AGING SUMMIT

OCTOBER 5-7, 2021



JOIN US ON ZOOM!!

REGISTER HERE:

[HTTPS://AKTCLMS.ORG/TRAINING/
CLASS/104489](https://aktclms.org/training/class/104489)

TOPICS INCLUDE:

- A motivational keynote from Loretta Claiborne, Chief Inspiration Officer for Special Olympics
- Elder Advocacy and Justice, Healthy Brains Build Resiliency and Social Support - A key to wellness at any age!
- Elder Panel, Legislative Panel and more!

VIRTUAL COFFEE

- Join us early on Wednesday and Thursday connect with other self advocates and professionals in the field.
- Upon joining the Zoom meeting, you will be placed in a breakout room for small group discussion and networking.



**PRESENTED BY:
THE ALASKA DISABILITY AND AGING COALITION**

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HOSTED BY THE ALASKA DISABILITY AND AGING COALITION

Tuesday, October 5th

9:15 a.m.	Welcome/VIP Video	Disability & Aging Coalition
9:30 a.m.	Keynote: Positivity and Aging	Loretta Claiborne, Chief Inspiration Officer, Special Olympics
11:00 a.m.	Break (Intentional break)	
11:15 a.m.	Mental Health, Aging and COVID Effects	Ronnie Reynolds, L.P.C.
12:15 p.m.	Lunch (on your own)	
1:00 p.m.	Social support - A key to wellness at any age!	Michele Girault, Hope Community Resources ED
2:15 p.m.	Break (Intentional break)	
2:30 p.m.	Healthy Brains Build Resiliency	Dr. Adam Grove, Naturopathic Physician

Wednesday, October 6th

9:15 a.m.	Virtual Coffee	Disability & Aging Coalition
9:30 a.m.	Elder Panel	Facilitator: Sheila Shinn Panelists: Marion Brown, Bernard Gatewood, Ken Helander, Amy Modig and Joe Pichler
11:00 am	Lunch (on your own)	
12:00 p.m.	ARA Mind Aerobics Program	Ken Helander, AARP
1:00 p.m.	Break (Intentional break)	
1:15 p.m.	Elder Advocacy and Justice	Davyn Williams, Alaska Legal Services

Thursday, October 7th

12:00 p.m.	Virtual Coffee and VIP Video	Disability & Aging Coalition
12:30 p.m.	Legislative panel on Aging and Disabilities	Facilitator & Panelists TBD
2:30 p.m.	AADSP Video/DSP Interview Videos	
2:45 p.m.	Special Olympics Alaska Senior Program	Joanna Paris and Joe Pichler
3:00 p.m.	Closing Remarks and Evaluations	Disability & Aging Coalition