



Special Olympics Alaska Tanana Valley Community
2023-2024 Winter Training Registration for Athletes, Partners & Volunteers

Forms are due before Thursday, November 9 @ 5pm. Please send them to
tananaValley@specialolympicsalaska.org OR 3200 Mountain View Dr, Anchorage AK
99501, OR fax to 907-222-6200

Name: _____ Age: _____ Athlete/Partner/Volunteer
(Please print legibly) (circle one)

Contact Person during season (if different from above) _____

Best Phone # to relay information: _____

E-mail address: _____

Mailing Address: _____

___ Yes ___ No I will train to be eligible to compete in the local competition (Week of February 12)

___ Yes ___ No I will train to be eligible to compete at state competition (March 8-10)

8 weeks of training (10 hrs.) must be completed prior to local competition.
Athletes must have a current medical & consent form on file with the local office **before training**. **The original medical form must be on file in the office. Faxes and copies will not be accepted.** Medicals are valid for 3 years from the date of the doctor’s signature.

Athlete experience level (all sports)
 Beginner Intermediate Advanced
Do you need equipment? Yes No
Do you have an FIS Helmet? Yes No
If no, what is your head circumference?

___ **Floor Hockey** - Head Coach, Mary Buntен
Practices -Tuesday, 6:00-8:00pm at Tanana Valley New Gymnasium

First in –person Practice – Tuesday, January 9
Coach Mary will be in contact with everyone about holding other practices during the month of December and November.

___ **Cross Country Skiing** – Head Coach, Marmian Grimes
Practices – Saturdays, 1-2:30pm at UAF – Meet at ski hut on the campus’ West Ridge
First Practice – Saturday, December 2

___ **Snowboarding/Alpine Skiing** – Head Coaches: Travis Englund, Kurt Lockwood
Practices – Saturdays 12:00-4:00pm at Birch Hill (Fort Wainwright).
First Practice – TBD, pending snowfall. We will be holding dryland training until the snow falls. Athletes will be notified after registration deadline.