



### **Level 1 - Sport Assistant Coach (not certified)**

*Prerequisite: Must be at least 16 years of age*

Submit [Volunteer Application](#) (renew every year)

- 1) Complete [Protective Behaviors Training Online Course](#) (renew every 3 years)
- 2) Complete the [Concussion in Sports](#) course, through NFHS Learn, download and submit certificate of completion (approximately 30-45min)

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### **Level 2 Certified Coach**

*Prerequisite – Complete assistant coach requirements, must be at least 18 years of age*

- 1) Attend a scheduled coaches training session (in-person or webinar)
- 2) Review the [Special Olympics Alaska General Orientation](#) and complete the quiz that follows.
- 3) Complete [Coaching Unified Sports](#) course through NFHS Learn, download and submit certificate of completion (approximately 1 hour)
- 4) Complete (and document) 10 hours of practicum during your sport season
- 5) Submit Application for Certification

*Level 2 certification will last 4 years. A level 2 coach will be eligible to apply to coach at the USA Games level.*

**Level 2 Recertification** – Complete sport recertification quiz and (1) other continuing education course (listed below).

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### **Level 3 Certified Coach**

*Prerequisite: Complete Level 2 Certified Coach requirements*

- 1) Complete Principles of Coaching Course, submit Application for Certification

*Level 3 certification will last 4 years. A level 3 coach will be eligible to apply to coach at the World Games level.*

**Level 3 Recertification** – Complete (1) of the continuing education courses. See continuing education course options below.

**All general questions regarding coach certification and from/certificate submittal should be directed to Emily Tymick, Director of Sports Development & Competition**  
[emily@specialolympicsalaska.org](mailto:emily@specialolympicsalaska.org) or 907-222-7625 ext. 608.

## Continuing Education Course Options

- **A Coach's Playbook: Introduction to Autism and Instructional Strategies for Coaching**  
<https://specialolympicsva.org/sports/coaches-corner/a-coachs-playbook-autism>
- **First Aid / CPR Course**

## The National Federation of State High School Associations <https://nfhslearn.com/>

- First Aid, Health & Safety - \$45\*
- Fundamentals of Coaching - \$60\*
- Mental Training for Performance - \$30\*
- Teaching Sports Skills - \$35 \*
- Sports Nutrition – Free
- Coaching Basketball (recertification for Basketball only) - \$50\*
- Coaching Golf (recertification for Golf only) - \$50\*
- Coaching Swimming (recertification for Swimming only) - \$50\*
- Coaching Track and Field (recertification for Track and Field only) - \$75\*

\*Courses that cost money will be paid for by Special Olympics Alaska

- **Other Approved Online Course**