



Athletics
Order of Events
Dimond High School Track

Saturday, June 7

8:30 a.m.	Coaches Meeting
8:30 – 9 a.m.	Warm-up
9 a.m.	Competition
	1500 Meter
	50 Meter Walk/Assisted Walk
	50 Meter
	400 Meter Walk
	400 Meter
	200 Meter Walk
	200 Meter
	25 Meter Walk/Assisted Walk
	25 Meter
	800 Meter
	10 Meter Assisted Walk
	100 Meter Walk
	100 Meter
	4X100 Meter Relay
12:30 p.m.	Approximate Finish
12:30 p.m. – 1 p.m.	Track athletes to cafeteria for lunch
1 p.m. – 2:45 p.m.	Track athletes to Healthy Athletes at DHS Commons
2:45 p.m.	Track athletes report to DHS Track for Awards Presentation
3:00 p.m.	Track awards presentation
4:30 p.m.	Approximate finish including awards

Sunday, June 8

8:30 – 9 a.m.	Warm-up
9 a.m.	Competition
	Standing Long Jump
	Long Jump
	Shot Put
11:00–11:30 a.m.	Lunch
11:45 a.m.	Softball Throw
	Tennis Ball Throw
2:00 p.m.	Approximate Finish (including awards)

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