

Special Olympics Alaska – Anchorage Community
2026 BOWLING TRAINING REGISTRATION
REGISTRATION FORM MUST BE RECEIVED BY July 21 by 5:00 pm

Assignment will be made in the order form is received. **PAPERWORK MUST BE CURRENT PRIOR TO BOWLING!!**

Fax to 222-6200 **OR** mail to PO BOX 140316, Anchorage, AK 99514-0316 **OR** drop off at 3200 Mt. View Dr.

This will be the ONLY notification regarding the Bowling Season. Write down start dates.

Important Dates to Remember:

PRESEASON MEETING Tuesday, July 28

AT 5:30 PM AT SPECIAL OLYMPICS ALASKA JIM BALAMACI TRAINING CENTER

2026 Bowling Season – August 8-November 8, 2026

Local Tournament – October 17-18 at Center Bowl

State Tournament – November 6-8 at North Bowl

Please note we are limited in the number of bowlers we can accommodate. Bowlers will need to be able to bowl a minimum of three games at each practice. Please attend preseason meeting, as we will be able to answer questions and confirm who can bowl or call to let us know you will not attend and are interested in bowling. **Bowlers that advance to state will need to continue their practices at Center Bowl on Saturdays after Local Competition.**

Name: _____ DOB: _____ AGE: _____ **Athlete or Partner**
(circle one)

Unified Bowling: Yes or No **RAMP NEEDED:** Yes or No **ASSISTANT NEEDED:** Yes or No

CONTACT PERSON IF DIFFERENT THAN ABOVE: _____

Mailing Address: _____ **State:** _____ **Zip:** _____

Best Number for info during practice or emergency: _____

Email: _____ **Is this new?** _____

____ YES ____ NO I plan to compete in local bowling competition at Center Bowl (October 17-18)

____ YES ____ NO I plan to compete at SO-AK Bowling Tournament at North Bowl (Nov. 6-8)

MARK ORDER OF CHOICE, 1ST, 2ND OR 3rd

_____ **Bowling Skills, Center Bowl-4 lanes** – This is for beginner bowlers or those unable to bowl 3 games per practice. Those who show they are ready may have the opportunity to move to regular practices.

Saturdays - 10:30-11:30 am (ready to bowl at 10:15am) **Only 4 practices - will not qualify for local or state competition.**
Coaches: Kim Ferko, Phil Gilbert, Ashley Gilbert, Mona Murphy, Laura Bonner
Practice dates: Saturday, August 8, 15, 22, and 29.

_____ **Center Bowl-12 lanes** - Mondays – 3:00 to 5:00 pm (ready to bowl at 2:45 pm) - Coaches: Fred Risch & Nancy Alzheimer
First practice: Monday, August 10

_____ **Center Bowl-14 lanes** - Saturdays –12:30-2:30 pm (ready to bowl at 12:15 pm) - Coaches: Kim Ferko, Phil Gilbert, Ashley Gilbert
First practice: Saturday, August 8

ASSISTANT COACHES AND VOLUNTEERS ARE DESPERATELY NEEDED. Bowling knowledge is helpful but not necessary.

BOWLERS MUST HAVE 24 GAMES IN TO COMPETE IN LOCAL GAMES. ONLY 1 MISSED PRACTICE (3 GAMES) ALLOWED TO BE MADE UP. WE HAVE 9 WEEKS OF PRACTICE. YOU WILL BOWL THREE GAMES EACH WEEK SO YOU WILL NEED TO MAKE ALL PRACTICES. LET COACHES KNOW IF YOU ARE NOT ABLE TO MAKE PRACTICES, INCLUDING PRIOR TO STATE, IF YOU QUALIFY.

Special Olympics Alaska, Anchorage Community

PO Box 140316, Anchorage, AK 99514 **Tel** +1 (907) 538-4050

www.specialolympicsalaska.org Email Anchorage@specialolympicsalaska.org

Created by the Joseph P. Kennedy Jr. Foundation for the benefit of persons with intellectual disabilities



Name: _____

Sport: _____

Special Olympics Athlete/Partner Code of Conduct

Special Olympics is committed to the highest ideals of sport and expects all athletes to honor sports and Special Olympics. All Special Olympics athletes and Unified Sports partners agree to the following code:

Sportsmanship

- I will practice good sportsmanship.
- I will act in ways that bring respect to me, my coaches, my team and Special Olympics.
- I will not use bad language.
- I will not swear or insult other persons.
- I will not fight with other athletes, coaches, volunteers or staff.

Training and Competition

- I will train regularly.
- I will learn and follow the rules of my sport.
- I will listen to my coaches and the officials and ask questions when I do not understand.
- I will always try my best during training, divisioning and competitions.
- I will not "hold back" in preliminaries just to get into an easier final heat.

Responsibility for My Actions

- I will not make inappropriate or unwanted physical, verbal or sexual advances on others.
- I will not drink alcohol, smoke or take illegal drugs while representing Special Olympics at training sessions, competition or during Games.
- I will not take drugs for the purpose of improving my performance.
- I will obey all laws and Special Olympics rules.

I understand that if I do not obey this Code of Conduct, I will be subject to a range of consequences by my Program, Head Coach or a Games Organizing Committee up to and including not being allowed to participate.

Athlete/Partner Signature

Date

Guardian Signature (required if athlete is not own guardian)

Date



ATHLETE SPONSORSHIP

Special Olympics Alaska is a 501(c) (3) non-profit organization that provides year-round sports training and athletic competition in various Olympic-type sports. Currently, the Anchorage Community Program provides training in 13 different sports for people eight years of age and older with an intellectual disability and/or a closely related developmental disability. Our athletes prepare for competition by learning specific sports skills and gaining opportunities for greater participation in family, school, and community life.

There is no fee charged to the athletes to train and compete. The overall budget for our program for sports training and local competitions for all 13 sports is approximately \$81,500 per year. This is for over 300 athletes, 100 unified partners, and many coaches and volunteers. The program continues to grow each year. All unified partners and coaches volunteer their time and expertise at no charge to the program. All administrative support, including the Community Management Team, is also accomplished through volunteer effort. Special Olympics Alaska Anchorage Community is responsible for raising funds to pay for the following:

- Training fees
- Sporting Equipment & Uniforms
- Facility Rentals
- Cost of local competitions
- State Games Registration

Participating financially in the Special Olympics Alaska Anchorage Community will ensure that crucial sports training and competition will continue for people with intellectual disabilities in our community. If you would like to sponsor an athlete or unified partner, please complete the information on the reverse side. Special Olympics Alaska Anchorage Community wishes to thank you for any support you are able to give, whether monetary or otherwise.

Respectfully yours,

Sarah M. Arts

Sarah Arts
President/CEO
Special Olympics Alaska
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ATHLETE SPONSORSHIP

Sponsor's Name (Person, Company Name)

Date

Mailing Address

Phone

City, State

Zip code

Tax Deductible Amount Donated

Tax ID # 92-0057197

____ \$25 ____ \$50 ____ \$100 ____ \$200 _____ \$ Other

Make checks payable to Special Olympics Alaska-Anchorage Community

Mail to:

Special Olympics Alaska Anchorage
P.O. Box 140316
Anchorage, Alaska 99514

Sport	Cost per Athlete
Fall Sports	
Golf	\$193
Bocce	\$24
Winter Sports	
Floor Hockey	\$165
Snowshoeing	\$61
Alpine Skiing	\$47.50
Snowboarding	\$61
XC Skiing	\$62

Sport	Cost per Athlete
Summer Sports	
Track and Field	\$72
Team Basketball	\$195
ISC Basketball	\$267.50
Gymnastics	\$53
Powerlifting	\$140
Swimming	\$164
Bowling Season	
Bowling	\$159